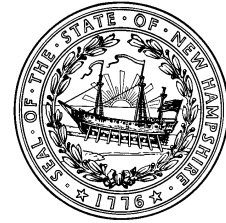


NH Department of Health and Human Services  
129 Pleasant Street – Hugh Gallen State Office Park  
Concord, NH 03301



**PRESS RELEASE**  
**FOR IMMEDIATE RELEASE**  
April 10, 2009

**CONTACT**  
**Public Information Office**  
**603-271-6526**

## **DHHS Warns New Hampshire Residents Not to Eat Recalled Sprouts**

**Concord, NH** – The New Hampshire Department of Health and Human Services (DHHS) today is warning residents not to eat any of the sprout products (such as alfalfa sprouts) recalled by Amalgamated Produce Inc. of Bridgeport, Connecticut due to listeria contamination. The company has confirmed that some of these products were distributed in New Hampshire. The U.S. Food and Drug Administration (FDA) is investigating.

Listeriosis is a serious infection caused by eating food contaminated with the bacterium *Listeria monocytogenes*. It can cause death in some patients, and those most at risk include pregnant women, people with weakened immune systems, and seniors. Symptoms include fever and muscle aches and sometimes nausea and vomiting. If the infection spreads to the nervous system, symptoms can include headache, stiff neck, confusion, loss of balance, or convulsions. Pregnant women who become infected may experience only a mild flu-like illness; however, infections during pregnancy can lead to miscarriage or stillbirth, premature delivery, or infection of the newborn.

“Listeriosis can be a very serious illness,” said Dr. José Montero, Director of Public Health at DHHS, “and we want to make sure that this alert goes out as some people are at increased risk, especially pregnant women. We are urging the public to check labels and not to consume any of the recalled products.”

The company voluntarily recalled these products after laboratory analysis in a finished product sample tested positive. No cases of illness have been confirmed at this time. All of the recalled items include have a sell by date from 3/31/09 through 4/27/09 and are in 4-oz. plastic containers, with the noted exceptions of the 8-oz. Nature’s Promise Organic Alfalfa and the five pound bag of bulk alfalfa sprouts.

A full list of the recalled items can be found at [www.fda.gov/oc/po/firmrecalls/api04\\_09.html](http://www.fda.gov/oc/po/firmrecalls/api04_09.html). For more information on this recall, visit [www.fda.gov](http://www.fda.gov). For specific questions about listeriosis, call the DHHS Division of Public Health Services at 603-271-4496.

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(Attached: Fact Sheet on Listeriosis)