



Leprechaun Leap 5K March 18 in Belmont

BELMONT — To help you recover from your St. Patrick's Day revelry, join us for the Fifth Annual Lakes Region Leprechaun Leap 5K Fun Run/Walk in Belmont this Saturday, March 18 at 10 a.m. If you are still wearing your green and gold or favorite shamrock costume, you will fit right in! Our 5K course is a challenging one, however, definitely manageable for runners and walkers of all ages. The event starts and finishes in front of the Belmont Mill on Mill Street (behind

the Belmont Public Library). Prizes awarded for top finishers in Adult Male/Female, and Youth Male/Female divisions.

The event is held as a fun way to celebrate the St. Patrick's Day holiday and to promote a healthy lifestyle in the Lakes Region. Take the baby out for a stroll in the jogger or bring the family dog on a leash. Recruit the spouse, friend, children or pooch, and join us for our annual 5k Fun Run/Walk. Entry fee for pre-registra-

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tions, as well as day-of event registrations, is only \$10. The first 50 pre-registrations will receive a commemorative water bottle. Snacks and drinks available at the finish line. Course map and registration forms can be picked up at Belmont Town Hall or Bel-

mont Public Library, or printed from the Town of Belmont's website at www.belmontnh.org. For more information, please email events@belmontnh.org or call Gretta Olson-Wilder at 998-3525. Get out and enjoy some fresh air and exercise!