45th Belmont Ten Mile Road Race

Belmont, NH Old Home Day - Saturday August 10, 2013

Time: 9:00 am SHARP

Certified Distance & #: Ten miles -Number NH85016JMC - Sanctioned by USA Track and Field

Registration: At Belmont Middle School. Arrive by 8:30 am for final registration and number.

Entry Fee:

Pre-register by July 25th – Race Only	$12.00
Pre-register by July 25th – Race and T-shirt (T-shirts will be X-Large unless specified below)	$22.00
Register on Race Day	$15.00

Make checks payable to "Belmont Old Home Day Road Race"

Awards/Presentations: 1st place in each division receives a trophy (no duplicate trophies). Top 100 finishers awarded an emblem. Overall trophies presented as soon as possible once the runner crosses the finish line. Division Trophies, race results, and remaining awards presented when places are official, near the finish line across from Town Hall.

An Open Race: Start on Concord Street, Finish near Town Hall on Main Street

For More Information: Contact **Jeff Roberts** (603) 491-0979 OR **Gretta Olson-Wilder** (603) 524-2782

Directions to Race: Belmont is located on Rte.140, just west of Rte.106 & five miles east of Exit 20 off Interstate 93

Computer Timing: By Yankee Timing Company

Detach and mail entry sheet below to: OHD Road Race, 87 Hackett Rd, Belmont NH 03220 or email to: jarcsr30@yahoo.com)

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IN CONSIDERATION OF YOU ACCEPTING THIS ENTRY, I HEREBY FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE SPONSOR, BELMONT OLD HOME DAY ASSOCIATION, USA TRACK AND FIELD, OR THE TOWN OF BELMONT, THEIR REPRESENTATIVES, SUCCESSORS AND ASSIGNS FOR ANY AND ALL INJURIES SUFFERED BY ME IN SAID MEET. I UNDERSTAND THAT ATHLETES WHO PARTICIPATE IN THIS COMPETITION MAY BE SUBJECT TO FORMAL DRUG TESTING IN ACCORDANCE WITH USATF RULES AND IAAF RULE 144.

NAME (Print)________________________________ NAME (Signature)________________________________

AGE_____ TELEPHONE #____________________ DATE OF BIRTH _____________ RUNNER (Circle) Male or Female

MAILING ADDRESS_________________________ CITY______________________ STATE________ ZIP__________

CLUB/SCHOOL/TEAM:______________________ T-SHIRT Size M L XL XXL (If ordered prior to July 25)

USATF #_______________ PLEASE ENTER ME IN THE FOLLOWING RACE BY AGE GROUP (Check appropriate category)

____HIGH SCHOOL through 18 ____19 through 29 ____30 through 39 ____40 through 49 ____50 through 59 ____60 through 69 ____70 + *Divisions added as pre-registration numbers warrant

MAIL ENTRIES TO: OHD ROAD RACE, 87 HACKETT ROAD, BELMONT NH 03220