Our Community Newsletter
BELMONT
1869-2019 Happy Sesquicentennial!

Town Meeting Wrap Up

The following individuals were elected to office on Tuesday, March 12, 2019:
Jon Pike, Selectmen, 3-Year Term
Albert Akerstrom, Budget Comm., 3-Year Term
Tracey LeClair, Budget Comm., 3-Year Term
Ronald Mitchell, Budget Comm., 3-Year Term
Gregg MacPherson, TTTF, 3-Year Term
Diana Johnson, Library Trustee, 3-Year Term
Diane Marden, Cemetery Trustee, 3-Year Term
Brenda Paquette, SOC, 6-Year Term
Michael LeClair, Planning Board, 3-Year Term
Ward Peterson, Planning Board, 3-Year Term
Mark Mastenbrook, Zoning Board, 3-Year Term
Cynthia DeRoy, TC/TC, 3-Year Term
Alicia Segalini, Treasurer, 3-Year Term

Ballot Question #2 relative to the bond and grant for an Iron and Manganese Water Treatment Facility failed by a large margin. The Town will be exploring its options and giving due consideration to applying for funding again in 2019. Resident George Condodemetrak has expressed interest in meeting with the Board to discuss the Town’s water supply and a public meeting will be posted in the future for this purpose.

All other Ballot questions passed and the Town adopted a budget of $10,089,905 for the ensuing year.

Water Rates

The Town updated its Water Rate Study initially undertaken in July 2005, updated July 2008, September 2014 and most recently December 2018. Preliminary discussions regarding the results and proposed rate increase will begin at the Selectmen’s meeting on April 1st. The study was updated to address the capital needs of the department.

Hurricane Road Construction

The Hurricane Road Construction project is slated to begin in April and should be completed by early September. Your patience while we are under construction is greatly appreciated. It is anticipated that a travel lane will be open most of the project, however in the event of a road closure, notice will be given.
Questions can be directed to the Public Works Director at 528-2677 or the Town Administrator at 267-8300 ext. 124 or townadministrator@belmontnh.org

Property Revaluation

Just a reminder that KRT Appraisals staff is in the community conducting a measure and list of residential and commercial property. Their staff have identification badges and carry letters from the Town explaining the Measure and List project. Any questions regarding the process can be directed to Alicia Jipson, Assistant Town Administrator/Assessing Administrator at 267-8300 Ext. 118. The Revaluation is scheduled to be com-
complete in 2019. New property values will be established and notification will be sent to every property owner regarding their new values. The new values will be reflected on your Fall 2019 Tax Bill which will be issued in late October or early November. We anticipate that the Town’s portion of the tax rate will decrease as a result of the adopted budget and completion of the revaluation.

Following is a link to a video developed by our recycling vendor to help us recycle better. Better recycling leads to lower costs for trash disposal as whatever we can remove from the trash stream reduces the tonnage we pay for. Your help is needed! [www.bit.ly/recyclebetter](http://www.bit.ly/recyclebetter)

The Casella site on Route 140 is open on the 2nd Saturday of the month from 8 am to 12 noon to take your bulky and other non-trash items. Please check with the attendant regarding any fees due at the time of disposal.

**What’s Flushable or Not**

We continue to stress the importance of the “Not everything is flushable”, please check out the “Do Not Flush!” list to protect your sewer and septic system. A “Flushable” label does not mean it is SAFE for your septic system or the Town’s sewer. Please read the brochure we have included on the Town’s website at [www.belmontnh.org](http://www.belmontnh.org). We need your help to insure our sewers keep flowing.

Our message to all Dog Owners is to remind you of the importance of picking up your dog’s waste from property not your own. The town installed at three different locations, dog waste stations where you can obtain a plastic bag to pick up the waste and deposit it in the numerous garbage cans located in the Village.

Just a reminder that the Town of Belmont is an active member of Lakes Region Public Access Television which can be seen locally on Atlantic Broadband Channels 24, 25, and 26. If you are a camera buff and you have an interest in producing a show to be shown on LRPA, please contact the station at 528-3070 to discuss your idea. LRPA has made significant strides to improve programming this past year and its presence in the Lakes Region; we urge you to check out their website at [http://lrpa.org](http://lrpa.org).

**Selectmen’s Meeting Schedule**

Our meeting agendas are posted on the Town’s website at [www.belmontnh.org](http://www.belmontnh.org), and on Facebook. We encourage you to attend our meetings or watch us live on [https://livestream.com/belmontnh](https://livestream.com/belmontnh).

April’s meetings will be on Monday, April 1st and Monday, April 22nd.

Spring is here and road crews will be out fixing pot holes that developed over the winter, cleaning up road side trash and preparing for summer work; please be aware and drive carefully.
Spring greetings to our fellow residents of Belmont!

We hope this month finds everyone happy and well.

As a reminder, April is the month that licenses are due for the barky members of our families. That’s right, dog licenses are due by April 30th. You can swing by our office and renew the license or, if your dog’s rabies information is up-to-date in our system, you can renew the licenses online at www.belmontnh.org. Or, you can send in a check with a self-addressed stamped envelope so we can mail your dog’s tags to you.

The 2019 first issue water/sewer bills went out in March and are due April 9, 2019. These bills cover the months from December-February. You can mail in your payment stub along with a check, stop by our office to pay the bill, or pay on our town website, www.belmontnh.org. Please keep in mind that if you pay your bill online, there will be an additional convenience fee added to the total. We can accept cash, check or debit/credit card for payment, however, there is a 2.79% convenience fee added to the total if you choose to use a card for payment. Our office cannot accept VISA debit or credit cards for utility payments over the counter. You may use a VISA card to make online utility payments.

In January, our office sent out delinquent notices to make taxpayers aware of any unpaid balances from 2018. The next step in the process is to send out notices of impending lien. We will be sending out these notices mid-month by certified mail giving anyone owing balances on their account, 30 days to pay in full before the lien is executed mid-May. Please keep in mind that if it is necessary for us to send the notice of impending lien, there will be additional charges added to the account to cover the cost of research and mailing. If you have any questions or need a pay-off amount, please contact our office.

Are you planning a spring wedding? Our office can help with the marriage license. A marriage license costs $50.00 and is valid for 90 days. Both parties must be present to apply for the license and if either party has been previously married, they must bring in the official, sealed document showing how that marriage was dissolved. (For example: divorce decree, death certificate, etc.). It does take some time to process a marriage license application so we ask that couples come in no later than 3:30 PM. If you have any questions, please contact our office.

We hope that the flowers are in full bloom by the end of the month. Happy Spring!!
Sergeant Boulanger is managing the **Good Morning Belmont** Program that the Chief of Police put into place.

A copy of the letter of introduction of what the program entails is included at the end of this article. On the next page.

Our perspective on this program is that it is just a great idea and very much in line with our ongoing commitment to community service.

This program attempts to reach out to those who may live alone, have limited interaction with others, are elderly and without a regular caretaker or have limited mobility.

We know these residents are out there and we have been looking at ways to reach out to them. This seems to be the most efficient way to do that. This program puts a viable option on the table to help them feel like they are not alone.

Taking time to invest in community based efforts is not a new concept to BPD. The police chief encourages officers to participate in supporting Special Olympics, Guest Readers in the Elementary School, Old Home Day, National Night Out, Memorial Day, local school sports, BPD Bicycle Rodeo and the Santa’s Little Helpers.

It is our hope this program benefits residents and shows them that their police are invested in the community and that we contribute whatever we can to the overall wellbeing of those we serve.

The participation sign up form is very brief and gives us some basic information to help us, help you. After you fill out the form an officer will contact you to go over the check-in process.

One of the best parts of this effort is that we hope to be able reach out to people who have been living in Town for years that we may not even know.

Sign up forms will be provided at polling places as well as at the Belmont Senior Center located in the Belmont Mill.

If you think this program would be beneficial for a Belmont relative without the internet, please let them know how it could benefit them.

If you have any questions about this program one of our officers would be glad to help you so call us at 267-8350.

**Captain Richard Mann**

*Read the Chief’s letter to residents on the following page.*
“GOOD MORNING BELMONT PROGRAM”

Dear Belmont Resident,

The purpose of the “Good Morning Belmont Program” is to provide people who live alone a sense of security in knowing that someone is in contact with them on a daily basis and to provide them with help if needed.

It is requested that you call the Police Department each morning between 8:00 AM and 10:00 AM to check in. If the Belmont Police Department does not receive a call from you by 10:00 AM, we will call you to make sure everything is all right. If we cannot reach you, we will send a police officer to your home to check on your well-being.

If you are interested in being part of our “Good Morning Belmont Program,” please fill out the attached questionnaire and return it to the Police Department. It is very important that you provide us with all the information requested so we can contact the necessary people in the event of an emergency.

Should you have any questions about our program, please feel free to contact the Police Department. You can reach us at 267-8351 everyday between 7:00 AM and 11:00 PM.

Sincerely,

Chief Mark Lewandoski
Belmont Police Department
BFD Times

BFD Welcomes Firefighter Megan!

With the retiring of Lt. Bavis, the promotion of Lt. Huestis, and some changes with shifts, BFD was faced with a vacancy on the day shift. On March 4th, Firefighter Kyle Megan started his first shift with BFD as the new daytime firefighter. He and Firefighter Manville will alternate 4 days on and 4 days off from 7am to 7pm every day. We are very excited to welcome Firefighter Megan to our firehouse family, and have no doubt that he will be a very good fit for the Town of Belmont. Congratulations Firefighter Megan, and welcome to Belmont Fire!
More shift changes for BFD

As if Lt. Huestis moving to Shift 1 and Firefighter Latucky moving to Shift 3 weren’t enough changes for our department, we decided to go a little further with the changes and switch things up a little bit more! Firefighter Elkin was shifted to Shift 2 and Firefighter Harris was shifted to Shift 1. Are we keeping you on your toes yet?
In this field, you can never train too much. There is always room to sharpen your skills, and on February 26, 2019, Shift 2 took the day to train, train, train. The morning started out with Lt. Frechette training on EMS scenarios, and the afternoon ended with Lt. Griffin setting up a hose line obstacle course to train students on what it's like to work with 0 visibility.
Road Weight Limit Now in Effect

Each spring the Town of Belmont posts all Town roads to a maximum weight limit of 6 tons during the spring thaw per RSA 231:190-191. Local roads are especially vulnerable to damage in the spring due to the water freeze-thaw cycle. Imposing temporary weight limits can help to protect the roads during this time. Contractors, construction companies, parcel services, fuel services and solid waste haulers, are asked to observe the posting by staying off soft road shoulders and reducing load weights.

Special permission may be given for "practical difficulty or unnecessary hardship" depending upon weather conditions and time of day. However, **Prior approval is required** and a bond for the cost of restoring the road may also be required for any exceptions.

The following vehicles are exempt: firefighting equipment, winter maintenance equipment that is owned, leased or rented by state or any political subdivision of the state, and farm equipment. Violators may be charged with a "violation" under RSA 231:191,VI resulting in a fine of up to $1,000 along with restitution for damages and civil liability. Call the Public Works Department at 603-528-2677 with any questions.

Please take note of the frost heaves signs we have placed throughout the town. Frost heaves can pop up anytime this time of year. We try to warn motorist of the ones we feel are the worst but cannot mark them all.

**Please Use Caution!**

SPRING to some may also be referred to as **MUD Season**. Please be cautious when you encounter a muddy gravel road! We here at the Highway Department are doing our best to continually maintain these areas and appreciate your patience and understanding.
Roadside Trash Pickup

Each Spring trash bags are available at the Highway garage for people interested in organizing local neighborhood trash pickup. If you or your organization would like to receive bags, they can be picked up during normal business hours.

Construction Season Ahead

April brings the start of construction season. Please drive cautiously as our crews will be out working as well as many private contractors in the area. Take note of all signage and slow down when entering a work zone.

Driveway Culvert Maintenance

Driveway culvert maintenance is the responsibility of the homeowner. Not only should you keep your culvert free from debris, it is recommended that snow should not be piled up to obstruct the flow of water. This can contribute to flooding and water washing out your driveway along with entering the road which can cause a hazard to motorists.
Highway Department News (Cont.)

Winter Parking Ban

A winter parking ban is in affect until April, 15th 2019. Please do not park overnight on any town road. Overnight parking presents a problem for our crews during our plowing operations. Vehicles that are parked interrupting snow removal are subject to a ticket and a tow.

The Park and Ride has a 72-hours parking limit. We ask if you must park there during a storm that you park at the rear of the lot and try to consolidate your vehicle next to others. This makes it much easier for our crews when conducting snow removal operations.

Putting snow back on the surface that the Town has cleaned poses an unnecessary hazard for others and runs up the cost to the Town when we must revisit and possibly retreat the area already cleaned.

If you hire a private snow removal contractor to clean your property, please make sure that they are aware of the ordinance.

Winter Sand Still Available

For your convenience winter sand will be available at the highway garage located at 149 Hurricane Rd. during our normal hours of operation. Please try to plan ahead as our facility will be closed otherwise.

Monday – Thursday 6:30 – 4:00  Friday – 6:30 -10:30

We have a 3 - five-gallon pail limit and appreciate your cooperation. Our public sand pile is located near the entrance to avoid interference with our day to day operation. If you have a large driveway and are in need a large quantity of sand, many local vendors can accommodate you. Thank you for your understanding!

Mailbox Location and Homeowner Responsibility

It is the property owner’s responsibility to maintain and properly locate their mailbox. The front of the mailbox should be located no closer then 2’ from the edge of the pavement and should be a minimum 42” high to the bottom of the supporting post. We recommend a height of 46” as this will accommodate the wing of our plows to go under and not come in contact with the mailbox or the supporting post. We also recommend a metal mailbox, plastic will not hold up in the cold weather. If for some reason your mailbox is damaged, the postmaster for the Town of Belmont should be contacted to verify proper installation was performed before contacting the DPW. See attached photo for a recommended installation:
Highway Department News (Cont.)

- Metal USPS approved mailbox
- Front edge 2” from the edge of road
- 42” to 46” in height
- Main post 3’ back from edge of road
Planning and Zoning Committee News

National Submarine Day
April 11, 2019

Application Review Committee
Matthew T. Gault: Review of site plan proposal to convert residential 6-bay garage into 3-bay welding shop (Light Manufacturing), 1-bay landscaping company (Contractor’s Yard), and 2-bay commercial construction materials storage (Warehousing/self-storage-Interior). Property located at 682 Laconia Road, Commercial Zone, Tax Lot 230-043-000-000.

Barton & McDonald Co.: 
Review of earth excavation permit amendment to expand area of current earth excavation operation.
Review of site plan proposal for Contractor’s Yard (site, excavating).
Review of boundary line adjustment proposal.
Properties are located at, and abutting, 985 Laconia Road, Commercial Zone, Tax Lots 125-047-000-000 & 122-076-000-000.

Planning Board
Jason Drouin Custom Homes LLC: Denied without prejudice request for Site Plan approval to construct a second story on part of existing structure (40’ x 80’) permitted as Contractor’s Yard (building contractor with cabinet shop) on property located at 15 Durrell Mountain Road, Tax Lot 212-008-000-000, Rural Zone.

Wash Your Paws Dog Grooming: Approved Site Plan proposal to initiate dog grooming use (regulated under Veterinary Clinics, Boarding Kennels Use) within existing single-family residence; 194 Hurricane Road, Tax Lot 231-014-002-000, Rural Zone.

Zoning Board of Adjustment
C&R Realty Trust & IDH Realty: Review of special exception to establish Contractor’s Yard (site/excavating, landscaping, paving), at and adjacent to 140 Laconia Road, Tax Lot 210-005-000-000, Commercial Zone.
Tracey P. LeClair: Review of equitable waiver to permit an existing above-ground pool closer to property line than allowed, Tax Lot 229-061-000-000, Residential Single-Family Zone.

Land Use News

5 Myths About Flooding.....BUSTED!

#1 A flood has never happened near my property.
#2 I am not in a flood zone, so I don’t need to worry.
#3 A little flooding won’t cause much damage.
#4 I am not in a flood zone, so I can’t buy flood insurance.
#5 My insurance policy will cover me.

For additional Land Use Information:
Visit www.belmontnh.org
Contact LandUse@BelmontNH.org
Call 267-8300 x 119
It's that time of year again to protect yourself from tick bites.

For a great source of information and direction go to:

**Tick Free NH**

**Avoiding Tick Bites**

- Stay on trails outdoors; avoid areas of overgrown brush and tall grasses.
- Wear light-colored clothing so ticks can be easily seen.
- Wear long pants, a long-sleeved shirt, closed toe shoes with socks, and a hat. Tuck your pants into your socks and your shirt into your pants.
- Check yourself, your children, and your pets often for ticks, shower after returning indoors.
- Use insect repellent containing DEET or permethrin (always follow directions).
- After returning indoors, run clothes in the dryer on high heat to kill any ticks that may be on the clothing.

Tick-borne diseases are transmitted to people and animals when they are bitten by an infected tick. The longer an attached tick is allowed to feed, the greater the chance the tick will transmit the organisms that cause tick-borne diseases. Therefore, it is important to take steps to avoid being bitten by ticks and to remove any attached ticks promptly. This fact sheet contains some tips on how to avoid being bitten by ticks, how to do a tick check, and how to properly remove an attached tick.

**How to Do a Tick Check**

Black-legged ticks are very small, and a tick might look like a freckle or speck of dirt on a person’s skin. Ticks often like to bite in warm, dark, secluded areas of the body. It is important to check your clothing for ticks while you are outside, and do a whole body tick check at least once a day. Pay close attention to: hairline and scalp, in and around ears, underarms, elbows, backs of the knees, between fingers and toes, belly button, groin area, and areas where clothing presses against your skin (for example: waistbands, collars, cuffs, watchbands). Don’t forget to check your pets as well! Remove any attached ticks promptly.

New Hampshire Department of Health and Human Services
Division of Public Health Services
Bureau of Infectious Disease Control
www.dhhs.nh.gov  603-271-4436
Removing an Attached Tick

- **DO** remove the tick promptly. The sooner you remove it, the less chance of infection.
- **DO** use tweezers to grasp the tick’s mouthparts at the surface of the skin.
- **DO** gently pull the tick straight out with a steady motion.
- **DO** wipe the bite area with an antiseptic, or wash with soap and water.
- **DO NOT** remove an attached tick using any of the methods listed below. These may actually increase your chances of becoming infected with a tick borne disease:
  - **DO NOT** squeeze the tick.
  - **DO NOT** rub petroleum jelly on the tick.
  - **DO NOT** use a hot match or cigarette.
  - **DO NOT** pour kerosene or nail polish on the tick.

Is it a tick bite?

- **Spider bite**: Several fluid-filled bumps appear at the site of the bite.
- **Tick bite**: The bite may be hard, itchy, and may be reddish and form into lumps. In many people infected with Lyme disease, a red, circular, spreading rash develops at the site of the tick bite. This is often known as a “bulls eye rash” because some clearing often develops in the center of the circular rash, resembling a bulls eye.
- A rash is not a symptom of all tick-borne diseases, and not all people infected with Lyme disease develop rashes. It is important to speak to your physician or primary care provider if you have any concerns following a tick bite or if you experience any symptoms of disease.
April 11th Community Meeting – Space & Feasibility Study Report for Town Hall and Police

Please join us for a Community Meeting on Town Buildings on Thursday, April 11th at Belmont High School at 6:30pm. Based on community feedback at our January 10th public meeting*, the Facility Committee moved forward with the final phase of the Space and Feasibility Study focused on Town Hall and Police needs. Lavalle/Brensinger Architects, our contractor has finished their report and will present it to the community for community discussion.

This final report includes a 20-year projection of Town Hall and Police Department space needs already shared and additional conceptual design and cost estimates. Community feedback on the Study led to further study of these options:

**Town Hall**
- Refine Option C-Move Town Hall to the Belmont Mill with a shift of community programs (Recreation and community meeting rooms to the first floor).

**Police Department**
1. Add an Option which includes the Corner Meeting House and Police Department site with a new two-story building. This allows PD to remain in existing building until construction is completed and then the old PD building could be removed or converted into a garage and storage area.
2. Retain Option A- Add second story to existing Police Station

Community feedback in January favored moving Town Hall functions to the Belmont Mill and expanding the existing Police Station by adding a second story to the building. Other suggestions made regarding these preferred options included shifting which programs were on the first floor of the Mill and a suggestion to consider the entire Corner Meeting House and Police Department site for long-range use of the Police Department. Both Police Department options will be conceptual with basic design for use of space.
and cost estimates to allow comparison by the community and Committee. These designs will be less detailed than those for Town Hall in the Belmont Mill. This option includes a more detailed design concept and cost estimate. The Facility Committee will continue to work closely with the community to complete a Facility Strategy for all town buildings by this Fall. One of the important considerations of this effort is to how to phase recommended changes over time. The Facility Committee welcomes participation in this effort and will be providing notice of key meetings and opportunities for community discussion and feedback.

Facility Committee: Tom Garfield, Donna Hepp, Carmen Lorentz, and Pret Tuthill

* 1/10/19 Community Meeting video:  https://livestream.com/belmontnh/live/videos/185747983
### Library News

#### APRIL 2019

Monday and Wednesday 10am-7pm  
Tuesday and Thursday 10am-5pm  
Friday 10am-4pm Saturday 9am-1pm

146 Main Street – Belmontpubliclibrary.org – (603) 267-8331

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<td><strong>Family Storytime</strong> 10:30am</td>
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<td><strong>LEGO BUILD</strong> 10am</td>
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<td><strong>NATIONAL LIBRARY WEEK</strong> Trustee meeting 3:30pm</td>
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<td><strong>Family Storytime</strong> 10:30am</td>
<td>NonFiction BOOK GROUP 1pm</td>
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<td><strong>SENIOR CENTER BOOK GROUP</strong> 10:30am</td>
<td><strong>Family Storytime</strong> 10:30am</td>
<td><strong>Middle School MADNESS</strong> 3:30pm</td>
<td><strong>Fiction BOOK GROUP</strong> 10:30am</td>
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<td><strong>KIDS MOVIE</strong> 2pm</td>
<td><strong>Family Storytime</strong> 10:30am</td>
<td>Papermaking 5:30pm</td>
<td><strong>After Hours MINUTE TO WIN IT</strong> 5pm</td>
<td><strong>Friends</strong> 2:00pm</td>
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<td><strong>CHILDREN’S BOOK WEEK</strong></td>
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**Announcing The SEED Library**

*Sign out some seeds. Share the produce this Summer*
LEGO Build
Saturday April 6 from 10am-noon
Drop in to create with other LEGO fans!

NonFiction Book Group
Thursday April 11 1pm
This month’s selection is When Books Went to War by Molly Guptill Manning. Copies at the library.

Senior Center Book Group
Tuesday April 16 10:30am
Meet at the Senior Center to discuss this month’s book: Clock Dance by Anne Tyler. Copies are available at the Belmont Senior Center and at the library.

Middle School Madness
Wednesday April 17 3:30pm
Create your own pushpin dragon eggs.

Fiction Book Group
Friday April 19 10:30am
April’s selection is The Eyre Affair by Jasper Fforde. Copies at the library.

Kids’ Movie
Tuesday April 23 2pm
Spider-man: Into the Spider-verse (PG)

Explore Creativity
Wednesday April 24 5:30pm
Making paper by hand.

Minute to Win It
Thursday April 25 5pm
After Hours: Middle schoolers and quick challenges.

Family Storytime
Wednesdays 10:30 am April 3, 10, 17,
MEET ELLIS

Hello my name is Ellis, 1st I was Ellie then the doc told my owner I was an Ellis.

I love when my owner Savana pushes me around the house in her doll stroller, such fun times!

I love being outside and love teasing the dog across the street. I think he really wants to eat me!

I was a stray found at the Grandparents house and was the only non-skittish one in the bunch so Savana was lucky enough to catch me and take me home.

I am a year old and love being naughty at home.

Submitted by Alicia Jipson on behalf of her daughter Savana, (and Ellis).
Thank you to all who attended a joyful and informative time with the 12th NH Regiment Serenade Band on 3/24!

CELEBRATE NATIONAL GRILLED CHEESE DAY ON FRIDAY, APRIL 12…
Grilled cheese dinner and entertainment for Belmont children will be held at Belmont High School on 4/12 at 5:30 pm.

Saturday, June 1
Belmont Schools Alumni Evening with Live Bands and Fire Spinning Show at the Belmont Mill and Bandstand area.
Please contact Gretta Olson-Wilder at 603-998-3525 or events@belmontnh.org for more information.

Old Home Day… Saturday, August 10
Road Race, Parade, and Vendor Forms are now available on the town’s website at http://www.belmontnh.org/belmontoldhomeday.asp

Do you have a favorite family recipe? Email it or drop it off at Belmont Town Hall for possible inclusion in our cookbook available later in 2019. Don’t forget to tell us why it’s special to you! Email address – events@belmontnh.org
BELMONT AMERICAN LEGION POST 58 DESIGNATED A
NATIONAL POST OF EXCELLENCE

Belmont’s American Legion Post 58 was recently designated as a Post of Excellence by the National Commander of the American Legion. This was in recognition of the Post’s exceptional growth, high level of participation and the depth of their community service and involvement with schools, as well as their financial support of programs supporting veterans, military service men and women and other worthy charitable programs. At the presentation ceremony, American Legion District Commander Mark Sullivan of Meredith said he was "... pleased to see Post 58 get this recognition, as the Post clearly supports and advances the purposes for which the Legion was formed." In accepting the award, Post Commander Rich Stanley said, "This is a real ‘feather in our cap’, but we thank the Town of Belmont for all the support and encouragement we receive and for the excellent working relationship we enjoy with our Fire, Police and Public Works Departments, with our schools and with the staff and the Board of Selectmen in Town Hall. All that makes what we do a real pleasure."

Attached photo: "Representing the National Commander of the American Legion, District 7 Commander Mark Sullivan (right) presents National Post of Excellence Award to Belmont’s Post 58 in recognition of its steady growth and exceptional service. Accepting the award is Post Commander Rich Stanley (on left)."
April’s Special Happening

Thursday, April 4th, 12:30 County Singer Don Smith will be at Belmont Senior Center for some good old fashion county time music.

Thursday, April 11th 10:30am Lori Randell NH Service Link will be in to talk about Medicare and Fraud. This is a great opportunity to ask all those questions.

Thursday, April 11th 10:30am Celebrate this special day in honoring our Volunteers, who give so much of their time to making our center a well run ship. A spe-

A Special Event

Sunday April 14th, 7:00—11:00am the Belmont, Tilton, TRIP/Franklin Senior Centers will be partnering with the Franklin Elks Lodge1280 who will be hosting a Breakfast to raise money for the Community Action Belknap-Merrimack Counties Meals On Wheels Program.

The Breakfast will be held @
The Franklin Elks Lodge 1280
125 South Main Street, Franklin, NH
Cost is $7:00 per person for a

Celebrating Our Volunteers April 8th – 12th

“The effect of one good-hearted person is incalculable.” ~ Oscar Arias

Thankfully, Belknap-Merrimack Community Action Program, Inc. Elder Services has MANY good-hearted people who volunteer their time and energy to our programs. The dedication of our volunteers, performing a variety of important tasks ~ cooking, cleaning, delivering newsletters, serving on various committees, providing musical entertainment, leading exercise classes and more ~ helps ensure ongoing delivery of vital services to our centers and communities.
**ONGOING EVENTS FOR APRIL**

Come in and participate in any of our activities and have lunch. All Seniors are WELCOME!!!

**Congratulations and Happy Birthday** to all
- Our March celebrants! If you have a birthday this month, let us know in advance! We will celebrate on Wednesday, April 17th. Please reserve your place by Thursday, April 10th for a delicious meal with a yummy cake for dessert at 11:30am. Hope to see you!

**Daily**
- Delicious community dining. Also available are games, crafts, and our extensive library of books and puzzles for your use and enjoyment.

**Tuesdays**
9:00-10:00am: Bone Builders Exercise Group taught by trained senior leaders to help build bone strength. Join the fun! (Donation-based)

10:00-11:30am: Blood Pressure Clinic held on Tuesday, April 2nd.

10:30am-12:00pm: Art Class.

12:30-3:00pm: Card games.

12:30-2:30pm: Beginner Guitar Lessons — call if interested. Free!

**Wednesdays**
9:00 –11:30am: Foot Care Clinic held on the second Wed of the month in odd-numbered months—times will vary. Call to schedule your appointment:

**SPECIAL EVENTS FOR APRIL**

**Tuesday, April 2nd 11:00 National Humor Month.** Bring in your best jokes for a good laughter of fun.

**Thursday, April 4th, 12:30 County Singer Don Smith** will be at Center for some good old country Ho Down Music.

**Tuesday, April 9, 10:30am: Delicious Brunch!** Great food, good company, bring a friend!

**Wednesday April 10 12:30 National Scrabble Day.** Come join us for the first ever Scrabble Play offs

**Thursday, April 11 10:30am** Lori Randell NH Service Link will be here to talk about Medicare and Fraud.

**Thursday, April 11 10:30am Celebration our Volunteers, with a special Luncheon and Program.**

**Tuesday, April 16, 10:30–11:30 am:**

**BSC Bookworms Book Club Meeting:** This month’s book will be announced. Limited books available, please see Linda.

**MONTHLY EVENTS**

**MONTHLY BLOOD PRESSURE CLINIC:** First Tuesday of every month from 10:30-11:30am. Free! Just show up. Next Blood Pressure Clinic will be April 2nd.

**BI-MONTHLY FOOT CARE CLINIC:** Our bi-monthly Foot Care Clinic is held in odd-numbered months on the second Wednesday of the month. Next clinic will be held on May 8th, 9:00 -11:30am. Advanced registration is required and a $15 donation is suggested.
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**Abbreviations:**
- **BOS** Board of Selectmen
- **Heritage** Heritage Commission
- **CC** Conservation Committee
- **ARC** Application Review Committee
- **PB** Planning Board
- **ZBA** Zoning Board of Adjustment
- **SOGS** Save Our Gale School