It appears that spring has finally arrived in the Lakes Region with warmer temperatures and hopefully no more snow. Our Building and Grounds Maintenance staff with assistance from the Department of Corrections are busy cleaning up the Village, clearing salt and sand from the sidewalks, raking our perennial flower gardens and picking up trash. In addition, work is continuing behind the Mill to improve lighting and pave the trail to Slippery Rock Bridge.

Property Revaluation

Just a reminder that KRT Appraisals staff is in the community conducting a measure and list of residential and commercial property. Their staff have identification badges and carry letters from the Town explaining the Measure and List project. Any questions regarding the process can be directed to Alicia Jipson, Assistant Town Administrator/Assessing Administrator at 267-8300 Ext. 118.

Spring tax bills will be in the mail by the end of May and are due July 2, 2018. As a reminder the bills are a pre-payment based on the prior year’s tax rate and in most instances the prior year’s assessed value. We have added value this spring for new construction so if you have any questions regarding your property assessment, please be certain to stop by Town Hall and request a copy of your Assessment Record Card.

What’s Flushable or Not

Not everything is flushable, please check out the “Do Not Flush!” list to protect your sewer and septic system. A “Flushable” label does not mean it is SAFE for your septic system or the Town’s sewer. Recently the Town in conjunction with the Winnipesaukee River Basin Program staff had to clean out the siphon pump located on Route 140 and found a significant amount of debris, primarily “wipes”; while the label may say it is ok, they do not dissolve and they can clog the system and cause damage. Please read the brochure we have included at the end of this month’s newsletter or check the Town’s website at www.belmontnh.org. We need your help to insure our sewers keep flowing.

IT is the LAW! (RSA 466:31 II (c)

Our message to all Dog Owners is to remind you of the importance of picking up your dog’s waste from property not your own. The town installed at three different locations, dog waste stations where you can obtain a plastic bag to pick up the waste and deposit it in the numerous garbage cans located in the Village.

Just a reminder that the Town of Belmont is an active member of Lakes Region Public Access Television which can be seen locally on Metrocast Channels 24, 25, and 26. If you are a camera buff and you have an interest in producing a show to be shown on LRPA, please contact the station at 528-3070 to discuss your
idea. LRPA has made significant strides to improve programming this past year and its presence in the Lakes Region. We urge you to check out their website at http://lrpa.org.

**Selectmen’s Meeting Schedule**

Our meeting agendas are posted on the Town’s website at www.belmontnh.org, and on Facebook. We encourage you to attend our meetings or watch us live on https://livestream.com/belmontnh.

We would like to urge you to encourage your friends and family to sign up for the Town’s monthly newsletter by sending your contact information to town-hall@belmontnh.org. Your help in spreading the word about our newsletter would be greatly appreciated.

**Town Clerk/Tax Collector News**

Is it... could it possibly be... Spring has sprung!! The sky is blue, the birds are singing and those piles of that ugly white stuff are a thing of the past!

Summer is on its way and we want to get the word out that we can process new and renewal boat registrations right here at Town Hall. Just bring in your renewal notice or bill of sale, and walk out with your new stickers. You may still renew them with our boat agent Winnisquam Marine, or with the state office located in Gilford.

Our office sent out notices of impending lien on April 20th. These letters are to make residents with outstanding balances from 2017 aware that any amounts left unpaid by May 22, 2018 will be liened, the interest rate will increase to 18%, and it will affect your credit score. We will only accept Bank checks or Cash for payment as of May 9, 2018. If you have any questions, please call our office.

Dog licenses were due to be renewed by April 30th, however, we give the month of May as a grace period. If this duty escaped your attention, scamper on down to Town Hall and renew the license this month. You may also renew the license by mail, please remember to include a self-addressed stamped envelope so we can mail your tags to you. You may also renew your dog’s license on our town website, www.belmontnh.org.

The first issue tax bills will be sent out this month and be due in July 2018. The first issue tax bills cover the time period from April 1st through September 30th. The first issue tax bill is called the estimated tax bill due to the fact that the tax rate isn’t set by the New Hampshire Department of Revenue until October. The amount of the first issue tax bill is half of the total amount of taxes paid the previous year.

We are also coming into the time of year for summer weddings... If you are planning on getting married you can get your marriage license here at the Town Clerk’s office. The license costs $50.00 and is valid for 90 days. Both parties must be present, and if either party was previously married, you must bring the official documents of how the previous marriage was dissolved. The licenses do take a little time to process, so we ask that you come in no later than 3:30PM. If you find that our office hours don’t fit into your schedule you may go to any Town or City Hall in the state to get your marriage license.

It’s time to uncover those fire pits and get the grills ready for the kick off to summer!!!
Belmont Seeking Firm for Facility Space and Feasibility Study

Based on community support for Article 12 on the March ballot, the Town Facility Strategy Committee met with the Selectmen on April 16th and received permission to conduct a Town Space Needs and Feasibility Study. With that approval, the Committee will work with Town staff to find a contractor to conduct the study. A Request for Qualifications (RFQ) to identify potential contractors was issued in April. Responses from interested firms are due on May 21st. Once the responses are in, the Committee will work with staff to review them and make recommendations to the Selectmen on the firms best qualified to conduct the study.

The Facility Strategy Committee will meet in late May to discuss responses to the Request for Proposals for input to Town staff and Selectmen. The RFQ approach being used allows flexibility for the Town to negotiate the timeline and cost for the study with best qualified design firms. Existing Municipal Facilities Reserve Funds will be used to conduct the Space and Feasibility Study.

For more information on the Belmont Town Facility Strategy, contact dhepp3@gmail.com. Committee members include: Tom Garfield, Donna Hepp, Carmen Lorentz, and Pret Tuthill.
# May 2018

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146 Main Street Belmont NH   267-8331 Belmontpubliclibrary.org
EVENTS— May 2018

**LEGO Build**
Saturday May 5 10am-noon
Drop in to create with other LEGO fans!

**In Our Own Voice**
Monday May 7 6:30pm
Belmont Public Library
Describing the reality of living with mental illness by trained presenters who have themselves faced mental illness and are in recovery.

**Explore Creativity**
Wednesday May 16 5:30-7pm
Painted Rock Cactus. Limit 8, sign-up requested. 12+ welcome with adult.

**Morning Book Group**
Friday May 18 10:30am
Booklovers meet to discuss an exciting variety of fiction and nonfiction. This month's selection is *Back When We were Grownups* by Anne Tyler.

**In Our Own Voice**
Monday May 7 6:30pm
Belmont Public Library
In Our Own Voice presentations change attitudes, assumptions, and stereotypes by describing the reality of living with mental illness in a NAMI NH education presentation given by trained presenters who have themselves faced mental illness and are in recovery.

**Middle School Madness**
Monday May 21 3:30pm-5pm
Button Making with our new button maker! Creative after school activities for grades 5-8.

**Senior Center Book Group**
Tuesday May 22 11:30am
Meet at the Senior Center to discuss this month’s book: *The Space Between Us* by Thrity Umrigar. Copies are available at the Belmont Senior Center.

**Weekly Activities**

**Card Games Meet-up**
Tuesdays 1-3pm May 1, 8, 15, 22, 29
Join others to play or learn card games such as cribbage, bridge, and more.

**Family Storytime**
Wednesdays 10:30am May 2, 9, 16, 23, 30
A program for children of all ages, featuring books, movement, music, science activities, and crafts to encourage early literacy skills.

**Preschool Playgroup**
Thursdays 11am May 3, 10, 17, 24
For preschool children age 2-5 and their caregivers. Preregistration required with Parks and Recreation. Held at the Belmont Recreation Room. Sponsored by Belmont Parks & Rec. Session begins April 12 and runs for 6 weeks with a break during school vacation week.

**Paper Crafts**
Fridays 2pm May 4, 11, 25
Bring your own project or use our supplies to create with paper.
As drug related crimes and other issues continue to reveal themselves here in our Town, we field a number of questions from the residents about the drug issue. It is appropriate to take a few minutes to explain drug addiction.

Many people don't understand why or how other people become addicted to drugs. They may mistakenly think that those who use drugs lack moral principles or willpower and that they could stop their drug use simply by choosing to. In reality, drug addiction is a complex matter, and quitting usually takes more than good intentions or a strong will. Drugs change the brain in ways that make quitting hard, even for those who want to. Fortunately, researchers know more than ever about how drugs affect the brain and have found treatments that can help people recover from drug addiction and lead productive lives.
What is drug addiction? Addiction is a labelled as a chronic illness characterized by drug seeking and use that is compulsive, or difficult to control, despite harmful consequences. The initial decision to take drugs is voluntary for most people, but repeated drug use can lead to brain changes that challenge an addicted person’s self-control and interfere with their ability to resist intense urges to take drugs.

These brain changes can be persistent, which is why drug addiction is considered a "relapsing" disease—people in recovery from drug use disorders are at increased risk for returning to drug use even after years of not taking the drug.

It's common for a person to relapse, but relapse doesn’t mean that treatment doesn’t work. As with other chronic health conditions, treatment should be ongoing and should be adjusted based on how the patient responds. Treatment plans need to be reviewed often and modified to fit the patient's changing needs.

**THE BRAIN’S REWARD CIRCUIT.** What happens to the brain when a person takes drugs? Most drugs affect the brain's "reward circuit" by flooding it with the chemical messenger dopamine. This reward system controls the body's ability to feel pleasure and motivates a person to repeat behaviors needed to thrive, such as eating, spending time with loved ones and other fun activities. This overstimulation of the reward circuit causes the intensely pleasurable "high" that can lead people to take a drug again and again.

As a person continues to use drugs, the brain adjusts to the excess dopamine by making less of it and/or reducing the ability of cells in the reward circuit to respond to it. This reduces the high that the person feels compared to the high they felt when first taking the drug—an effect known as tolerance. They might take more of the drug, trying to achieve the same dopamine high. It can also cause them to get less pleasure from other things they once enjoyed, like food or social activities.

Long-term use also causes changes in other brain chemical systems and circuits as well, affecting functions that include: learning, judgment, decision-making, stress, memory, and behavior. Despite being aware of these harmful outcomes, many people who use drugs continue to take them, which is the nature of addiction.

Why do some people become addicted to drugs while others don’t? No one factor can predict if a person will become addicted to drugs. A combination of factors influences risk for addiction. The more risk factors a person has, the greater the chance that taking drugs can lead to addiction. For example:

**Biology.** The genes that people are born with account for about half of a person’s risk for addiction. Gender, ethnicity, and the presence of other mental disorders may also influence risk for drug use and addiction.

**Environment.** A person’s environment includes many different influences, from family and friends to economic status and general quality of life. Factors such as peer pressure, physical and sexual abuse, early exposure to drugs, stress, and parental guidance can greatly affect a person’s likelihood of drug use and addiction.

**Development.** Genetic and environmental factors interact with critical developmental stages in a person’s life to affect addiction risk. Although taking drugs at any age can lead to addiction, the earlier that drug use begins, the more likely it will progress to addiction. This is particularly problematic for teens. Because areas in their brains that control decision-making, judgment, and self-control are still developing, teens may be especially prone to risky behaviors, including trying drugs.
Belmont Police and Fire department employees have received training in first response to overdose incidents. If you or someone you care about has a drug addiction please assist them with seeking help. The 24 Hour addiction Helpline Number Toll Free 888-NA-HELP-U (888-624-3578).

Local NA meetings are held in the Belknap Mill Tuesdays at 7:00 pm. There are also over 25 NA and AA meetings held in Laconia each week. The AA helpline for NH is (603) 222-6967. Their website is http://www.nhaa.net. Another source of help with substance abuse is Navigating Recovery, located at 635 Main St in Laconia. You can reach them at http://www.navigatingrecovery.org/ or by calling (603) 524-5939.

If you have unwanted or unneeded drugs we have a secure location to drop off unwanted drugs in the lobby at the Belmont Police station. You do not need to check in with anybody to dispose of drugs. Twice a year the Belmont Police participates in the National Drug Take Back Day. Both the lobby collection box and the bulk collection cannot accept liquids or needles.
On April 6, 2018, members of Belmont Fire went to Belmont Middle School for their STEAM Day. Throughout the day, department members taught hands only CPR and fire extinguisher training, where the science of fire was explained as well as how and why different fire extinguishers work. Students were able to put out fires on a fire extinguisher prop. And, with the help of our friends at Tilton/Northfield Fire Department, we were able to show students how smoke reacts in the home by using their simulation smoke trailer. They were taught how to stay below the smoke and exit the home safely. The students had a great time learning the science part of fire and the way stay safe during a fire.
Welcome to another year of road construction! Please be aware of “Men Working” signs and take appropriate caution to slow down when entering a work zone! Thank You!

Public Works employees Chris Clairmont, Steve Drouin and Rick Patten repairing a catch basin in the downtown area. This time of year along with road repairs we are in the process of grading our gravel roads, street sweeping, and repairing and maintaining our equipment from the previous winter.

We would like to thank the NH Department of Corrections and Officer Johnson for the work they have been doing in town. You have probably noticed their participation in the downtown cleanup efforts. The C-2 inmates involved in this give back community effort are in the process of making positive changes in their lives. We as a department along with Parks and Recreation, feel giving them the opportunity to do the right thing teaches them real life skills that will be helpful in the future. Again, thank you.

It’s the Law!

Planning home improvements? Planting a tree? Installing a fence or deck? Whether you do it yourself or hire a professional, a safe job starts with a call to Dig Safe® at 811. Please remember to call Dig Safe® at 811 BEFORE digging.

Driveway Permits can be obtained at the town offices or online at www.belmontnh.org
Spring Is In the Air and So Is the Dust

Spring in New Hampshire brings positive things like warmer temperatures – at some point – and a few blossoms on trees, but it also provides big nuisances like mud, black flies and dust. Yes, Dust! Dust created during spring cleanup, like sweeping or blowing dirt from driveways, patios, lawns and parking lots, is not only a nuisance, it’s also unhealthy. Dust can also migrate into nearby surface water, where it affects aquatic communities and contributes to the nutrient loading of the surface water ecosystem.

Dust, also known as particulate matter, is a form of air pollution. It includes both visible and non-visible particles. Depending on the source, dust particles can be coarse, larger than 2.5 microns in a diameter, or fine, smaller than 2.5 microns. For comparison, the average hair is seven times bigger, at about 70 microns in diameter. Disturbed soils tend to consist mostly of coarse particles, while construction activities often have greater amounts of fine particles.

Although all sizes of dust present a health risk, it is the fine dust that is inhaled deep into the lungs that is of most concern. Once in the lungs it can cause serious respiratory illness like bronchitis and will trigger asthma attacks. Studies have shown that some dust particles are so small they can cross into the blood stream and cause cardiovascular problems. Dust contaminated with salt or lawn chemicals can also present a separate health risk, as can certain building materials.

NHDES encourages you to protect yourself, your family, your neighbors, and the environment by using these simple best management practices for outdoor spring cleaning:

- Limit sweeping or raking to calm, less windy days.
- Sweep earlier in the season prior to full snow melt to collect dirt and sand before it is washed away, clogging culverts and streams.
- Lightly wet the surface with water before sweeping and raking. Avoid creating runoff to storm drains or surface waters.
- Do not use leaf blowers to blow sand. (They are made to blow leaves!) It creates a lot of dust.
- Drive slowly over dirt roads and parking lots to reduce generating dust. Not only will it affect the air around you, but the dust will also clog air filters and dirty your vehicle.
- If you hire someone for the cleanup, ask them to follow these simple measures to control dust.

For more information, visit [www.des.nh.gov](http://www.des.nh.gov), A-Z list, Dust.
Planning and Zoning Board Committee News

Planning and Zoning News

May 13-19, 2018
National Police Week

Application Review Committee

Ripley ODM, LLC: Review for Site Plan to permit Light Manufacturing use (circuit boards & misc telecom test equipment/assembly operation) on developed lot with other approved uses. Property located in the Commercial Zone, 171 Daniel Webster Highway, Belmont Landing, Tax Lots 101-022-000-001 & 101-022-000-012 (condominium units).

Richard W. Dubois: Review for Site Plan to construct one 9,900sf five-unit structure with associated lot development for lease to individual commercial/industrial tenants as Phase 1 of a total lot buildout. Future Phases include an additional three five-unit structures with additional associated lot development. Property located in the Industrial Zone, on Depot Street, Tax Lot 235/032/000/000.

SK McDonald Co. LLC: Review for Subdivision Plan to subdivide one lot into ten single-family residential lots. Property located in the Residential Single-Family Zone, on Leavitt & Plummer Hill Roads, Tax Lot 211-006-000-000.

Planning Board

Recardo & Alicia Segalini: Merge lots 244-029-000-000 and 244-030-000-000 into one lot for all purposes.

Town of Belmont: Merge lots 102-020-000-000 and 105-020-000-000 into one lot for all purposes.

Zoning Board

Elizabeth M. Copp: Granted two Special Exceptions to replace a one-story preexisting nonconforming single-family dwelling including crawl space with a two-story single-family dwelling with a full basement and expand preexisting nonconforming footprint closer (17.4’) to the highwater elevation than allowed (50’), but not closer than the preexisting footprint (16.9’) and not exceeding a 40% increase with in the setback. Property is located at 12 Island Drive in an “RS” Zone, Tax Lot 111-010-000-000.

Land Use Notes

Driveway Permits Required

Just a reminder that any work done in the town road right-of-way on a driveway, even just paving or repaving requires a Driveway Permit before work commences. Fees are doubled for permits where the work has already occurred. In addition, violations of the Driveway Regulations can result in a Violation or Misdemeanor charge.

The Town has asked paving companies for their cooperation in making sure that a valid permit exists before they pave. Not all companies are providing that information to their customers. However, the responsibility ultimately falls to the property owner. Driveway Permit Applications can be obtained in the Land Use Office or online. Processing applications may take 7-10 business days as the Public Works Department will view the site to make sure no safety, drainage or public highway impacts will occur.

For additional Land Use Information:
Visit www.belmontnh.org
Contact LandUse@BelmontNH.org
Call 267-8300 x 119 for assistance!
Belmont Parks and Recreation Summer Day Camp
June 25-August 10, 2018

Belmont Parks and Recreation Summer Day Camp is open to youth who are entering 1st-8th grade in the fall. Our camp will be held at the Belmont Middle School, Monday through Friday from 8:00AM to 4:00PM. Drop off as early as 7:30AM and pick up by 4:30PM at no extra charge. Extended care is available for $3.00 per day for pick-up 4:30PM-5:00PM. Three field trips are planned per week; two days will be spent at the Belmont Town Beach and one day at a local attraction. Field Trip admission and transportation are included in the weekly registration fee. Registration this year will be done via a fillable form on the town website starting April 9th. Completed applications will be processed in order of receipt with priority given to campers reserving the majority of the 7 weeks. Belmont residents will be given priority over non-residents for placement. Proof of residency is required at registration in the form of a recent utility or tax bill with home address and a matching photo ID. A limited number of scholarships are available, forms are available from the parks and recreation office. Deadline to apply for a scholarship is Monday, April 30, 2018.

We offer a Counselor in Training program which is open to students who are 15 years (at the start of camp) and older. Counselors in Training are volunteers who assist our counselors with their duties. This is an unpaid position but it gives the volunteer an opportunity to see what the job entails in hopes that they may want to join our staff in the future. Counselors in Training can sign up for the whole summer or just a week to try it out.

**ONLINE Registration Starts: April 9, 2018 ~ Monday**

Registration Form is fillable and can be emailed to the recreation office.

**Summer Camp 2018 Registration Fees:**

Belmont Residents: $110 per week  
Non-Residents: $155 per week

**NOTE:** $25 late fee for registrations after May 14, 2018

**Sibling Discount:** $20.00 per week for the 2nd and 3rd child attending the same week

**Payment Schedule:**

- Weeks #1-3 registration fees are due no later than Monday, May 21, 2018
- Weeks #4-7 registration fees are due no later than Monday, June 4, 2018

**Late payments can result in the camper losing their space for any unpaid weeks.**  
**There is a $25 per payment late fee.** Registration fees are non-refundable except in the case of a family emergency or a medical reason with supporting documentation.

(603) 267-1865 www.belmontnh.org recreation@belmontnh.org
Belmont Parks & Recreation

Golf Lessons
With Randy Annis

YOUTH LESSONS—6-16 Years Old
Session #1: May 8, 15, 22, 2018
Session #2: June 5, 12, 19, 2018
Tuesday Nights
5:30PM-7:00PM
$50.00 per youth for 3 lessons

ADULT LESSONS
Session #1: May 10, 17, 24, 2018
Session #2: June 7, 14, 21, 2018
Thursday Nights
5:30PM-7:00PM
$70.00 per adult for 3 lessons

COME AND LEARN TO GOLF BEFORE THE SEASON!
Golf clubs are available for free for those who do not have them. Those who sign up for the classes may golf for free any time during the three weeks they are taking lessons. Bolduc Park is located at 282 Gilford Avenue, Gilford, NH. Sign up early space is limited.

Registration forms are available on our website:
LAKES REGION MIDDLE SCHOOL SPRING LEAGUE

Belmont, Gilford, Laconia and Meredith Recreation Departments are partnering with Advantage Kids to establish a middle level team tennis league for middle schoolers.

Classes are taught by approved tennis instructor Kent Hemingway.

Players will be on co-ed teams. This is an introductory league with emphasis on recreational and instructional matches. All levels are encouraged to participate.

JUNIOR TEAM TENNIS

Dates: May 1, 8, 15, 22, & 29, 2018 on Tuesdays (Rain date: June 5)
Time: 3:30 PM - 5:30 PM
Participants: 5-8 graders
Location: Laconia Memorial Park Tennis Courts
31 Lindsay Court, Laconia, NH

Transportation to the courts from each middle school is included at no charge

Just $3 to register!
All equipment provided

REGISTRATION INFORMATION:
Participants sign up with their towns recreation department, space is limited.

Deadline to register: April 27th

Learn more about youth tennis at:
NETGENERATION.COM
Belmont Parks & Recreation

Swim Lessons

July 10, 13, 17, 20, 24, 27, 2018
Tuesday & Friday
6 classes (3 weeks)
$30.00 per person

Beginner: 1:00 PM
Intermediate: 12:30 PM
Advanced: 12:00 PM

Our instructor Jeannine Beckett will not be teaching the entire Red Cross course in the time we have allotted so certificates will not be issued at the end of the lessons. Lessons will be cancelled in the case of inclement weather, all efforts will be made to reschedule lessons if time allows. The lessons will be taught at the Leslie Roberts Town Beach on Lake Winnisquam. There is no minimum age for the lessons but children should be comfortable swimming in water that is constantly moving. Make-up classes if needed will be July 31 and August 3, 2018.

IMPORTANT: A Belmont beach sticker is required for admission and parking at the town beach.

Please utilize the following swim lesson categories to assist you in deciding which class is appropriate for your child.

**Beginner** – This class is 30 minutes long for non-swimmers or swimmers who need the support of a bubble or noodle. Provides students with the opportunity to get acclimated to the water by learning how to put their heads under water and includes basic kicking, pulling, and floating skills.

**Intermediate** – This class is 30 minutes long for beginner swimmers who can swim without the support of a bubble or noodle. Provides students with the opportunity to move from the basic “doggie paddle” stroke to other strokes such as the front and back crawl.

**Advanced** - This class is 30 minutes long for swimmers who can swim the front crawl stroke either with their head in or out of the water. Provides students with the opportunity to fine-tune their front crawl, as well as learn additional strokes such as the back crawl, breaststroke, and elementary backstroke, as well as to build swimming endurance.

Space is limited advance registration is required.

Registration forms: www.belmontnh.org ~ (603) 267-1865
Community-Wide Yard Sale Day
Mother’s Day Weekend
Saturday, May 12

Individuals, families, civic organizations and school clubs are encouraged to take advantage of this upcoming day of Community Wide Yard Sales all over our town. Rent a space for $15 near the Belmont Mill and Tioga Pavilion on Mill St., or advertise a home yard sale for $5 and be included on our map. Maps will be available for purchase for $1 each at 8:30 am on May 12th at the Tioga Pavilion. Shop the central yard sale, and use the map to plan your route for “Treasure Hunting, One Yard Sale at a Time”. It’s a great way to spend Mother’s Day Weekend with mom! For more information or registration form: www.belmontnh.org, email events@belmontnh.org, or call Gretta Olson-HOBBY/DEMO DAY
SAT. JUNE 23
Tioga Pavilion

Come enjoy an afternoon featuring interesting demonstrations and conversations with instructors and hobbyists to get you inspired this summer.
Live entertainment planned for late afternoon and early evening!

Belmont Old Home Day --- Saturday, August 11

50th Running of our 10-Mile Road Race
If the Belmont 10-Mile has been on your bucket list, this is the year to do it!
Parade, Food Concessions, Craft Vendors, Live Music, Fireworks
Registration forms available at Belmont Town Hall or at www.belmontnh.org

For information on these events or other events planned for 2018, contact Gretta Olson-Wilder, Town of Belmont Special Events Coordinator at 603-998-3525.
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- **1** Conservation Commission CMH 6PM
- **6** BOS CMH 5PM
- **12** Community Wide Yard Sale
- **13** Mother's Day
- **21** BOS CMH 5 PM
- **23** Zoning Board CMH 6PM
Belmont

COMMUNITY WIDE YARD SALE

Saturday, May 12th
9:00 am

Rent a 12’ x 12’ space in the Belmont Mill/Pavilion area on Mill Street. $15 per space

OR

Hold a yard sale at your own home and be included on our community-wide yard sale map. $5 per address

For more information, contact Gretta Olson-Wilder, Town of Belmont Special Events Coordinator at events@belmontnh.org or 603-998-3525.

Registration forms are available on town website at www.belmontnh.org or in person at Belmont Town Hall.
The Hidden COST Where Does it GO? What’s FLUSHABLE?

A recent survey shows that towns have spent an average of $40,500 dealing with unflushable items in sewer systems.

Whether you are on sewer or a septic system, if you live within any of the 10 member communities, the materials you flush end up at the Winnipesaukee River Basin Program (WRBP) Wastewater Treatment Facility in Franklin.

The WRBP is fully community-funded so please help curb your costs by only flushing what’s flushable!

**Winnipesaukee River Basin Program**
P.O. Box 68, Franklin, NH 03235
603-934-4032

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The replacement cost of a typical residential leach field is $6,000-15,000
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NEW HAMPSHIRE DEPARTMENT OF ENVIRONMENTAL SERVICES

29 Hazen Drive, Concord, NH 03301
des.nh.gov
What’s FLUSHABLE?

A toddler will tell you that *everything* is flushable... but what you *think* is flushable could be costing you money!

Product labels can be misleading. Some items that claim to be “flushable” can clog sewer and septic systems and can end up costing you a pretty penny.

“Flushable” does NOT mean it is SAFE for your septic system or sewer.

“Disposable” items ARE NOT flushable and should be placed in the trash.

The bottom line: ONLY Human waste and toilet paper ARE FLUSHABLE

The DO NOT FLUSH List:

- Diapers
- Cigarettes
- Paper Towels
- Cotton Swabs
- Tampons
- Condoms
- Dental Floss
- Facial Tissues
- Wipes