Town Administrator’s Monthly Report

The 2014 Property Revaluation is nearing completion; the sales analysis process and final field reviews are underway. Letters advising of your new property values will be going out this week with hearings to follow on Thursday, October 9th, Friday, October 10th and Monday, October 13th. The hearings will be held at the Corner Meeting House in Belmont and you will be advised in your value letter how to contact Commerford Nieder Perkins for an appointment. The new values will be used to establish the 2014 tax rate and will be reflected in the 2nd issue bill. The Town of Belmont’s 2013 Equalization Ratio was 122.6%; the purpose of any revaluation is to ensure proportionality in our values and to bring all properties to 100% of market value. Many of you will see decreases in your overall value as a result. It is important to remind everyone that bringing values to market value may increase the overall tax rate. The Town and School raise and appropriate monies each year at Town and School meetings, use offsetting revenues and then set the tax rate based on the remaining funds needed to provide Town and School services to the community. The total funds needed are then divided by the Town’s total property value to establish the tax rate. Any questions regarding the Revaluation process should be directed to the Assessing Office at 267-8300 Ext. 118 or to assessing@belmontnh.org.

The Belmont Pavilion which is located next to the Mill is under construction. We are working with NCM Management Inc. and Stewart Associates, both local firms, on the project and we are very excited to have them on board. Volunteer efforts by members of the Revitalization Committee continue to move this project and the river walk and footbridge forward; we could not do this without their help. We anticipate the Pavilion to be complete by late fall and would anticipate it will be available for use in the spring of 2015. Anyone having questions on the design, please feel free to stop by my office.

The bid opening for the Water Meter Replacement Project took place on September 23rd; one bid was received and the Town is working closely with our engineering firm to insure the contractor is duly qualified. We will insure that those residents and businesses to be effected by the project are given notice of the start of the project and contact information. In addition, the Town is also working on an Asset Management Plan for the Water Department. We have taken great strides to improve our infrastructure and to comply with the stringent rules and regulations that protect our water. The Belmont Board of Selectmen will be holding a public hearing this fall to consider an increase in the cost per gallon of water; this increase will insure continued improvements and maintenance of the Town’s water system. Your
support of these ongoing efforts is greatly appreciated. Our 2014 Consumer Confidence Report relative to our water system is available on line at www.belmontnh.org.

2015 Proposed Budget

The Board of Selectmen and staff have begun preparing the 2015 proposed budget and the first Budget Committee meeting will be held on Tuesday, November 4, 2014 beginning at 6:30 p.m. in the meeting room at the Corner Meeting House. A draft copy of the budget will be available on our website the week of October 27th; questions can be forwarded to townadministrator@belmontnh.org.

The Town of Belmont has completed contract negotiations with Casella for our future trash collection and disposal needs. The contract will begin January 1, 2015. The new contract is anticipated to save the Town money and provide enhanced service. Curbside collection of single stream recyclables will begin in January 2015; no special containers will be necessary, but will need to be clearly marked as recycling. Possible route and collection day changes may need to be considered, however residents will be given plenty of notice prior to any changes. Further information on the recycling program will be distributed over the next few months and will be available at Town Hall. This program will be in conjunction with our curbside collection of trash. The Board of Selectmen will be holding a Public Hearing on October 20, 2014 to amend the Town’s Solid Waste Ordinance. As a result of our new contract with Casella, the Town’s waste will no longer be going to the Waste to Energy Plant in Penacook and the Town will no longer be an active member of the Concord Regional Solid Waste Cooperative. A copy of the proposed ordinance can be obtained by contacting my office at townadministrator@belmontnh.org. Notice of the Public Hearing will be in the newspaper, posted at Town Hall and the Belmont Post Office.

We would like to remind residents/taxpayers that recycling bins are available at Town Hall so if you haven’t picked up your bins (2 per household), please stop by Town Hall.

IT is the LAW! (RSA 466:31 II (c))

We would like to remind all Dog Owners of the importance of picking up your dog’s waste from property not your own. The town installed at two different locations, dog waste stations where you can obtain a plastic bag to pick up the waste and deposit it in the numerous garbage cans located in the Village.

In order to meet the continuing needs of our residents and taxpayers relative to the sharing of information, we are looking for a videographer to work with Town Staff and attend Selectmen and other meetings for the purpose of videotaping the meetings. Anyone interested, should contact the Town Administrator’s office to discuss the position further.

Your feedback is always welcome and if my office can be of assistance, please do not hesitate to contact me at townadministrator@belmontnh.org.
Planning Board

- **CIP** - On September 8th, the Planning Board held a work session with Department Heads on the 2015-2020 Capital Improvements Plan. After a public hearing on September 22nd, the Plan was adopted and forwarded to the Selectmen and Budget Committee to assist them in developing the 2015 budget to be submitted to the Voters in March. Additional information can be viewed at www.belmontnh.org/datacip.asp.

- **Sunset Rock, LLC** - 512 Depot Street Planning Board finding that the approval to construct a bituminous asphalt plant has expired.

- **Town of Belmont** - Merger approval for 2 lots on Wild Acres Road.

- **Zoning Amendments** - the Planning Board has begun consideration of zoning amendments to be placed before the Voters in March. Currently under consideration:

  To exempt medically necessary handicapped ramps from setback requirements as long as the particular person has a continuing medical need to access the premises.

Zoning Board

- **David & Lynne Lowd** - Approval for a garage, deck and breezeway addition at 16 Nancy Drive.

**Application Review Committee**

- **Foley Oil Company:** Request for 1 year extension of addition to garage for truck bays and office space at 39 Old State Road

- **Mountain Lake Village, LLC:** Request for 1 year extension of 18-lot open space single family subdivision on Mile Hill Road

- **Gistis Belmont Realty, LLC:** Request for 1 year extension of 43-lot open space single family subdivision on Province Road

- **Terra Firma Real Estate/Jemco Builder:** Request for 1 year extension of 36-lot open space single family subdivision on Upper Parish Settlement Drive

- **First Student, Inc.:** Request for vehicle fueling facility at 592 Laconia Road

- **Sail View Inc.:** Request for commercial building rehab/professional office space at 287 Daniel Webster Highway

Visit www.belmontnh.org/agendasminutes.asp to view Agendas and Minutes for all meetings.

**Other Land Use News**

Construction is:

- Underway at:
  - **Winnsiquam Marine** - Sunset Drive, 4,200sf boat display building
  - **Winnipesaukee Truck** - Laconia Road, 5,600sf truck repair facility
  - **ClearChoiceMD** - Daniel Webster Highway Urgent Care facility

- Substantially Completed at:
  - **Belmont Self Storage** - Laconia Road, expansion
  - **Winnsiquam Self Storage** - Daniel Webster Highway, expansion
FIRE ACT GRANT

After several years of trying, the Belmont Fire Department has been awarded an Assistance to Firefighters Grant (AFG) through FEMA. The grant will be used to replace all of our current SCBA’s with Scott Air Packs. We will also be purchasing the Scott Pac-Tracker (see below). The Pac–Tracker is a combination of a handheld device used by a rescue team and hardware installed on the packs themselves that help the rescue teams locate injured or trapped firefighters. Switching to Scott will assist us greatly with interoperability with our neighboring departments as most are using Scott brand SCBA’s. Finally, the grant will allow us to update to the NFPA 2013 standards for SCBA’s. A committee is reviewing the various options available, such as the new 5.5 cylinder, different voice enhancers and different frames. They will present their final recommendations to Chief Parenti ASAP. The grant amount is $216,972.00. The Federal share is $206,100.00 and our share is $10,847.00. We will be presenting the grant for acceptance to the Board of Selectmen at a public hearing on September 22nd at 17:00. Your support is always welcome at these meetings. We will keep you updated on the progress of the grant and if you have any questions or recommendations, please see Deputy McCarty or Lieutenant Bavis.

Belmont Fire Department’s 2014 Year to Date Alarms by Type

<table>
<thead>
<tr>
<th>Description</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>BLS Alpha or Bravo</td>
<td>230</td>
</tr>
<tr>
<td>ALS Charlie</td>
<td>82</td>
</tr>
<tr>
<td>ALS Delta</td>
<td>78</td>
</tr>
<tr>
<td>ALS Echo</td>
<td>34</td>
</tr>
<tr>
<td>MVA Alpha or Bravo</td>
<td>4</td>
</tr>
<tr>
<td>MVA Charlie</td>
<td>4</td>
</tr>
<tr>
<td>MVA Delta</td>
<td>5</td>
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<td>2</td>
</tr>
<tr>
<td>Fire Response</td>
<td>118</td>
</tr>
<tr>
<td>Hazardous Materials Response</td>
<td>29</td>
</tr>
<tr>
<td>Motor Vehicle Accident No Injury</td>
<td>15</td>
</tr>
<tr>
<td>Mutual Aid Response</td>
<td>130</td>
</tr>
<tr>
<td>No Medical Incident Found/No Patient Contact</td>
<td>4</td>
</tr>
<tr>
<td>Rescue Response</td>
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<tr>
<td>Service Call</td>
<td>18</td>
</tr>
<tr>
<td>Storm Response</td>
<td>4</td>
</tr>
<tr>
<td>Water Rescue</td>
<td>1</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>759</strong></td>
</tr>
</tbody>
</table>
Many responders have had experience with combative, uncooperative patients during their careers, but few have had experience with a patient of incredible strength and combative behavior who suddenly dies in their care. Unfortunately, these incidents usually result in liability and lawsuits for the providers and agencies, not to mention negative press and public relations.

Those who call 911 for assistance expect responders to be prepared for virtually every situation, all without knowing the circumstances or medical history of a complete stranger. With most medical and trauma-related emergencies, the responders do a fantastic job of providing care through evaluating outward signs and symptoms and implementing established medical protocols. However, when dealing with an uncooperative, combative patient, it becomes a significant challenge to determine the exact medical condition. Most often, law enforcement officers are called to deal with this type of patient, all too often with tragic results.

In 2009, the American College of Emergency Physicians (ACEP) published a white paper on ExDS, giving a name to this type of medical emergency. This was in response to numerous cases of in-custody deaths following restraint of the patients. The paper describes the patients in the following terms: More than 95 percent of all published fatal cases are males with a mean age of 36. These subjects are hyperaggressive with bizarre behavior, and they are impervious to pain, combative, hyperthermic and tachycardic. There is typically a struggle with law enforcement that involves physical force, noxious chemicals, or the use of an electronic control device, followed by a period of quiet and sudden death. The majority of cases involve stimulant abuse, most commonly cocaine, though methamphetamine, PCP and LSD have also been described. At least in the setting of cocaine use, the episode of ExDS usually appears to occur in the context of a cocaine binge that follows a long history of cocaine abuse.

In a review of numerous cases described as excited delirium, ACEP identified the following characteristics of the patients:

- Male subjects, average age 36
- Destructive or bizarre behavior generating calls to police
- Suspected or known psychostimulant drug or alcohol intoxication
- Suspected or known psychiatric illness
- Nudity or inappropriate clothing for the environment
- Failure to recognize or respond to police presence at the scene
- Erratic or violent behavior
- Unusual physical strength and stamina
- Ongoing struggle despite futility
- Cardiopulmonary collapse immediately following a struggle or very shortly after quiescence
- Inability to be resuscitated at the scene
- Inability for a pathologist to determine a specific organic cause of death
- Attraction to glass or reflective surfaces

Because of the patient’s strength and lack of response to pain, physical restraints are often ineffective and may contribute to or accelerate a negative patient outcome. ACEP recommends that communities prepare their emergency responders to work together as a team and develop response and treatment protocols to successfully care for the patient.

Welcome William (Hammer) Thalheimer

Please join me in welcoming Will Thalheimer as the newest full-time firefighter for the Belmont Fire Department. Once again, I googled Will’s name to find a good picture of him, (believe it or not there are a lot of Will Thalheimer’s out there) and this is what came up.

So, Welcome little buddy and please don’t shed on the beds. Will has been assigned to the new day-time position and his first shift was on August 31st. We now will have three full-time personnel from 07:00 to 19:00 seven days a week. If you see Will around, make sure to give him a scratch behind the ear, but go easy on the treats.
Happy fall fellow Belmontians!!

We at the Town Clerk’s office hope everyone is enjoying the crisp bite in the air lately.

The State General Election will be held on Tuesday, November 4, 2014 at Belmont High School which is located at 255 Seavey Road. Polling hours are 7AM-7PM. This election, we will be voting for our Governor, U.S. Senator, and State Representative among other offices. The last day for voter registration at Town Hall is October 25, 2014; otherwise you may register at the polls, make sure to bring photo ID and proof of domicile in Belmont. We are expecting to get our absentee ballots mid month, but you may submit a request in writing, must have a written request per voter, any time now. When the absentee ballots arrive, we will mail your ballot to you at the address you specify. We look forward to seeing you at the polls!

By now Water and Sewer users have receive their 3rd issue bills, just a reminder the due date is October 15th, 2014. The 3rd issue covers the months of June, July and August. Don’t forget that you may make your payments on our town website, www.belmontnh.org. It is available 24/7 and allows you to pay your water/sewer, tax bills, car registration and even dog licenses (as long as your dog’s rabies shot is current) from the comfort of your own home!!

Thanksgiving holiday is fast approaching, and for the residents whose registrations are due in November remember these registration will expire on November 30th, 2014 on Sunday at 12:00AM, please be aware that Town Hall will be closed Thursday, November 27th and Friday November 28th in observance of Thanksgiving. We will re-open on Monday December 1st at 7:30 AM.

We hope you all have a fun, safe and spooky Halloween! Trick or treating in Belmont will be Friday Night, October 31, 2014 from 4:00PM to 8:00Pm. Remember to keep a sharp eye out for the little ones out trick or treating!
Foremost American painter Norman Rockwell might have chosen Belmont Village and its landmark, historic Bandstand, Library and Mill for a *Saturday Evening Magazine* cover --- as a picture perfect Indian summer day framed the salute.

The family-friendly event, organized by the Belmont Heritage Commission with other volunteers, featured history, music and seasonal refreshments. Reflections on local preservation success stories were made by Dr. James Garvin of Plymouth State University, who aided 2008 Bandstand research during his tenure as State Architectural Historian. Also participating were New Hampshire Preservation Alliance Executive Director Jennifer Goodman and Land and Community Heritage Investment Program historical resources coordinator Amy Dixon – also representing the New Hampshire Division of Historical Resources.

Regional press was generous with event coverage including *The Citizen*, *Laconia Daily Sun* and Winnisquam Echo – among other media attendees. *Lakes Region Public Access Television* (LRPA-TV) documented the day and will air during October 19-25 which is New Hampshire History Week.

The Heritage Commission is grateful for each and every contribution that made a very special day possible. Please visit [www.historicbelmontbandstand](http://www.historicbelmontbandstand) for a complete report, more photo memories of the inspiring day, and other news.

We are grateful to citizens and friends for their continued care about Belmont heritage, special places and traditions.

Linda Frawley, for the Heritage Commission

Wallace Rhodes, Vice Chairman - Priscilla Annis, Secretary – Shayne Duggan – Alyce Jewell-Vicki Donovan-Ron Cormier, representing Selectmen

Belmont Boy and Girl Scout leaders Timothy and Judy Hayes, and Diane Cleveland participated along with youth members. Vice Chairman Jon Pike of the Board of Selectmen led the Pledge of Allegiance during their Presentation of the Colors.

**COMMUNITY SALUTE PARTNERS & COMMITTEE**

Belknap County Restorative Justice Program, Belknap Mill Society, Belmont Library, Laconia Historical Museum & Society, Lakes Region Community College Culinary Arts Program, LRPA-TV – and the Belmont Fire, Police, Public Works and Recreation departments

**SPECIAL THANKS**
The Charnley Family – Mary, Paul and Caleb
Karen Gilbert
Donna Hepp
Diana Johnson
Brian Loanes
Lieutenant Richard Mann
Carlos Martinez
Jeff McKillip
Shane Selling

**TECHNICAL SERVICES & ASSISTANCE**

New Hampshire Division of Historical Resources
New Hampshire Preservation Alliance
PlanNH 2010 Charrette team
Magnus McLetchie, AIA
Mark Roberts
David Ruell
Bedard Preservation
Elizabeth Durfee Hengen
Paul Mirski, AIA
Sherwin Williams
SOS Tech, LLC

**HISTORIC RESTORATION TEAM**

JR Graton Restoration Contractor [jrgratonrestoration.homestead.com](http://jrgratonrestoration.homestead.com)
John Thompson JLT Painting [jltpainting.com](http://jltpainting.com)
Brian Powell Building Conservation Associates ([www.bcausa.com](http://www.bcausa.com))

With special thanks to Leslie Roberts LLC, Busby Contractors and Cullen Concrete for initial stabilization phase - moving the Bandstand in summer of 2012, and preparing permanent base for September 11, 2013 relocation.
Halloween Photo Booth
October 30, 4 pm to 7 pm

T.A.G. Team will be sponsoring a fun event for Halloween! Dress up in either your own costume or in our costuming supplies and then have your picture taken at the library!

October is Children’s Magazine Month

Did you know the library subscribes to quality children’s magazines that you can check out and take home?

Our titles include

American Girl
Girl’s Life
National Geographic Kids
Ladybug
Ranger Rick

The magazine loan period is one week and they can be renewed.

Storytimes
Wednesday at 10:30 a.m.

Come join us for stories, songs, snacks, and crafts!

October 1 - Scarecrows
October 8 - Pumpkins
October 15 - Witches
October 22 - Bats
October 29 - Halloween

Lego Club
Saturday, October 4, 10:30 to noon

Did you know last month’s Lego Club was featured in the Laconia Citizen? You can still see part of the article at http://thecitizen.villagesoup.com/p/building-with-friends/1236342. Lego club is always the first Saturday of every month! Children ages 5 and up are encouraged to bring their imagination and build on this month’s theme: “Halloween.” The Library will provide all children with Legos to build, and finished pieces will be put on display in the Children’s room. Sign up is not required and late arrivals are always welcome.

Game Night!
Tuesdays at 6 p.m.

New Activity!
Come and join us for Game Night!

Bring a friend and enjoy some snacks and drinks. Sign-up isn't required. Hope to see you there!

T.A.G. Team Meetings
Tuesdays at 4pm

T.A.G. Team had a great September! We learned how to make friendship bracelets and sponsored a successful Crafternoon. Also, the T.A.G. has decided that the 3rd Tuesdays of the month will be dedicated to games! Favorite games so far are Apples to Apples and monopoly. Feel free to join us! Also, we will be planning more fun events for the coming months. T.A.G. Team is open to all Belmont teens between the ages of 12 and 18.
October 2014

Library News (cont.)

Book Group
Tuesday, October 28, at 6 pm

The book group will be reading Live Free and Eat Pie by Rebecca Rule as part of the Lakes Region Community Read. “Anyone who hopes to visit or has visited New Hampshire, and, heck, even anyone who lives there, will delight in this hilarious guide to the Granite State. Popular New Hampshire storyteller Rebecca Rule provides her interpretation of the state’s history, culture, climate, attractions, vernacular, and more.” (Description from Goodreads.com) The author, Rebecca Rule, will be talking about her stories at Interlakes School on Tuesday, November 2. For more info on the Lakes Region Community Read, go to http://samcoopnh.wordpress.com/

Craft Night
Thursdays at 6 p.m.

Bring your own craft and share a fun hour with new friends! Some craft materials will be available for you to use, but feel free to bring your own as well. A number of interesting supplies for quilling and watercolors have recently been donated for use by the group. We also have collage materials, yarn, and string for braided bracelets. No need to sign up, just drop by! We will be having a special craft night this month as well:

Corn Husk Dolls
Thursday, October 23, 6 p.m.

Claudette Varney, a Belmont resident and regular crafter, will be guiding us in the process of making corn husk dolls. All materials will be provided for this event. Please sign up at the library or call us at 267-8331 for more information.

New Books

Biography
I Am Malala – Yousafzai, Malala!

Children’s Books
Mama and Me (Baby Einstein board book)
Piglet’s New Friend (board book)
Secret Garden, The - Burnett, Frances Hodgson
Skeleton Creek - Carman, Patrick
These are the X-Men - Macri, Thomas
This is Captain America - Dworkin, Brooke
This is Iron Man - Macri, Thomas
This is Spider-Man – Macri, Thomas
This is Thor – Dworkin, Brooke
This is Wolverine – Macri, Thomas

Children’s DVDs
Incredible Mr. Limpet, The
James and the Giant Peach
Muppets Most Wanted
Pete’s Dragon
Rio 2

DVDs
Captain America: The Winter Soldier
Divergent
Good Will Hunting
House of Cards, Season 1
Mrs. Doubtfire

Fiction
All Fall Down – Weiner, Jennifer
Beekeeper’s Ball, The – Wiggs, Susan
Bittersweet – McCullough, Colleen
Book of Life, The – Harkness, Deborah
Countdown City – Winters, Ben
Edge of Eternity – Follett, Ken
Harbor of the Heart (Thomas Kinkade’s Angel Island) – Spencer, Katherine
Her Last Whisper – Robards, Karen
Last Policeman, The – Winters, Ben
Love Letters – Macomber, Debbie
Me Before You – Moyes, Jojo
Personal – Child, Lee
Silkworm, The – Galbraith, Robert
Support and Defend – Clancy, Tom
Vacationers, The - Straub, Emma
Those Who Wish Me Dead – Koryta, Michael
Top Secret – Griffin, W.E.B.
We Are Not Ourselves – Thomas, Matthew
World of Trouble – Winters, Ben
Wuthering Heights – Bronte, Emily

Games
NFL Blitz Pro (PlayStation 2)
Shark Tale (PlayStation 2)
Star Wars Super Bombad Racing

Large Print
Robert B. Parker’s Blind Spot – Coleman, Reed Farrel

Nonfiction
Alcoholics Anonymous (the Big Book, 4th ed.)
In the Kingdom of Ice – Sides, Hampton
Official Scrabble Players Dictionary
Roanoke: Solving the Mystery of the Lost Colony – Miller, Lee

Teen Books
Cirque Du Freaks: A Living Nightmare – Shan, Darren
Fellowship of the Ring, The – Tolkien, J. R. R.
Power of Six, The – Lore, Pittacus
TTYL – Myracle, Lauren
Witch & Wizard – Patterson, James
Witch & Wizard: The Gift – Patterson, James
Witch & Wizard: The Kiss – Patterson, James
Belmont Parks & Recreation

CROSS TRAINING
WITH RENEE BOLES

October 8, 15, 22, 29, 2014—Wednesday Mornings
Belmont Parks & Recreation Function Room
5:30 AM—6:15 AM
$25.00 per person

Renee Boles an ACE Certified Personal Trainer will instruct a 45 minute program for both men and women that challenges all of your major muscle groups with a weekly workout. You will improve your strength while shaping and toning muscles all over your body. One of the great aspects of this program; everyone can work at their own pace with added resistance or not. This program allows you the opportunity to push yourself and increase your resistance throughout the session. With great music, the energy you’ll feel in the small group setting will inspire you to get the results you want. Strength training, along with cardiovascular training with creative and fun drills! The program is modified to fit with your personal level of fitness. The class is limited to 9 participants with Belmont residents given priority.

Registration forms are available on the website or from the recreation office.

Belmont Parks & Recreation, PO Box 310, Belmont, NH 03220
(603) 267-1865
www.belmontnh.org
recreation@belmontnh.org
Belmont Parks & Recreation
Small Group Personal Training
with Renee Boles

October 7, 9, 14, 16, 21, 23, 28, 30, 2014
Tuesday & Thursday Nights
Belmont Parks & Recreation Function Room
Two Classes: 5:15 PM-6:15 PM or 6:30 PM-7:30 PM
2 Night Program Fee: $55.00 per person
*1 Night Program Fee: $27.50 per person

Renee Boles an ACE certified personal trainer will lead you in a full body strength training program to meet your fitness needs. Small Group Personal Training provides you with the individual support you would receive when training in a 1:1 session with a personal trainer, while receiving peer support and motivation in a small group setting. Classes are limited so your personal needs will be met.

Our makeup classes if needed will be scheduled for the Friday of the same week. *Very limited space is available for 1 night per week. The class is limited to 9 participants with Belmont residents given priority. Registration forms are available on the website or from the recreation office.

Belmont Parks & Recreation, PO Box 310, Belmont, NH 03220
(603) 267-1865
www.belmontnh.org
recreation@belmontnh.org
Belmont Parks & Recreation

VS

January 16, 2015 - Friday - 7:30PM
$123 Lower Level Loge Seats
$93 Upper Level Balcony Seats

Join us to watch Rajon Rondo, Jeff Green, Marcus Smart and the young Boston Celtics take on Derrick Rose, Pau Gasol and the Chicago Bulls on Friday, January 16th at 7:30PM, at the TD Garden. We will depart from the Belmont Park & Rideshare (Route 106) at 5:15PM. Sit back and relax in our fully equipped motor coach or watch a movie. You will have time to visit the pro-shop and get dinner on your own prior to the game. The seats are in sections #5 (Loge) and #303 (Balcony). We will depart Boston following the game and anticipate a return time of approximately 11:45PM.

We will be travelling with the patrons of Gilford Parks & Recreation; there will be a pick up at Gilford High School prior to our stop in Belmont. Seats are limited; a registration form must be completed and accompanied by payment. Tickets are non-refundable.

Belmont Parks & Recreation
(603) 267-1865
recreation@belmontnh.org
www.belmontnh.org
5K Run / Walk / Fun Run with Your Dog

WHERE: Gunstock Mountain in Gilford, NH

WHEN: Saturday, October 4, 2014 • Race starts at 10am

COST: $35 Pre-Registration includes t-shirt, breakfast, lunch, goodie bag & special treats for your dog. All proceeds go to Lakes Region Disabled Sports

AWARDS: • Professionally timed event • Winners in multiple age groups • Special prizes for dog participants

OTHER: WALK . RUN . DOG FRIENDLY • Registration opens: 8:00-9:45am • Race starts at 10:00am • Continental Breakfast served • Lunch provided • Beer Garden

REGISTER: www.active.com/Gunstock Virtual runners welcome!!!

FOR MORE INFO: Email: gunstock5K@gmail.com

THANKS TO OUR 2014 SPONSORS:
October 6, 13, 20, 27, 2014 - Monday Nights
Belmont Parks & Recreation Function Room
6:30 PM—7:20 PM
$30 per person

Certified Pilate Instructor, Jeannine Beckett will instruct a Pilates mat class which focuses mainly on abs. Pilates also helps with flexibility and strength in the arms and legs. Students will go at their own pace, and modifications will be given. You will develop a stronger core, to help relieve back pain, decrease stress, and improve balance and coordination. Pilates is also a mind body exercise class designed to strengthen the body emphasizing the breath, flexibility, endurance and body awareness. This class progresses week to week therefore no drop-ins are allowed.

Pre-registration is required, space is limited, Belmont residents will be given priority over non residents.
Preschool Playgroup
October 2 - November 20, 2014
THURSDAYS
10:00AM—11:00AM
Parks & Recreation Function Room
Residents—FREE
Non Residents—$2 per day

Preschool children ages 2-5 years old will enjoy a fun filled hour playing games and interacting with other children. Parents are encouraged to join in the fun. Activities will be organized by our instructor Nicole Sturgeon who has an associates degree in early childhood education. Children should bring a parent or guardian, sneakers and something to drink. This program is free to residents of Belmont with proof of residency required. Non residents can participate as space allows. Program is held at the Belmont Parks & Recreation Function Room, 2nd floor of the Belmont Mill. Our program is canceled if there is a school delayed entry or Belmont schools are closed for the day.

Advanced registration is required and space is limited with preference given to Belmont residents.
Fall Foliage Trip & Brewery Tour

Franconia Notch State Park in the Heart of the White Mountains!

October 7, 2014
8:00am—4:30pm

There is nothing like NH during The Fall Foliage Season. Why go anywhere else? Join Belmont Parks & Recreation on a scenic trip through Franconia Notch State Park. We begin our trip at Cannon Mountain where you can take the tramway to the top and see the tree colors all the way to Canada. Be sure to save some time to visit the New England Ski Museum when you come back down. Our next stop will be at the Old Man of the Mountain Historic Site. Do you remember what it looked like? Relive your memories. Next, take a stroll alongside small water cascades as you make your way to The Basin, a “pothole” in the Pemigewasset River, formed 25,000 years ago by the water flow of melting glaciers. Lunch will be served at the Woodstock Inn Station & Brewery. (See lunch choices page 2) After a delicious lunch, enjoy a private tour of the brewery. This trip is being offered in conjunction with Moultonborough Recreation. The bus will be leaving the Belmont Rideshare on Route 106 at 7:30am, travelling to Moultonborough Recreation to pick up their patrons. We will return via Moultonborough and arrive at the Belmont Rideshare at 5:15PM.

Cost: $50
The above price includes transportation, lunch, and tour of brewery.

Please Note:
There is a considerable amount of walking on this trip. Some trails may be uneven. Please call for more details if this is a concern for you.

The Cannon Mountain Tramway is NOT included. The Tram is free for NH Residents age 65 & over (bring your license). For all other adults, the Tram is $16. The Basin, New England Ski Museum & Old Man Historic Site are free.

Registration forms are available on our website:
Belmont Parks & Recreation Department
www.belmontnh.org
(603) 267-1865
Belmont Parks & Recreation

Boston Theatre & Shopping Trip
Saturday—December 20, 2014

Irving Berlin’s White Christmas
Or The Nutcracker Ballet
Shopping & Sightseeing

White Christmas Musical
$100 Orchestra Left
$75.00 Balcony Right

Nutcracker Ballet
$125 Orchestra Right or Left
$101 Orchestra Side

Shopping & Sightseeing
On Your Own
$35.00

Our trip to Boston gives you the choice of two fabulous holiday shows, or spend the day shopping, and sightseeing on your own. Irving Berlin’s White Christmas is a show not to be missed, full of dancing, laughter and some of the greatest songs ever written! Give everyone the gift they’re dreaming of with this merry and bright holiday musical. The Boston Ballet’s the Nutcracker is a must-see holiday event for the whole family. Join Clara on her magical journey through an enchanted winter wonderland to a palace of sugary confections. We have a limited number of seats for the ballet performance, please call for availability prior to sending in your registration. Our day of shopping starts at the Prudential Center Shops, next stop Boylston Street Station for the shows and shopping at Downtown Crossing, ending the day at Faneuil Hall Marketplace. If you prefer you can spend the day sightseeing or visiting the aquarium or museum on our own. We will travel to Boston via a luxury motor coach with restroom facilities. This is an active trip and does require walking from a central drop off points to the various venues. Space is limited, full payment and registration form are required at time of booking. No refund for cancelled reservations.

8:00AM  Depart Belmont Park & Ride, Route 106
9:45AM  Arrive Prudential Center Shops for shopping with Copley Square, Back Bay and Newbury
        Street Shops are all within walking distance.
12:00PM Depart Prudential Center
12:15PM Arrive Faneuil Hall & Quincy Market for shopping, or visit the New England Aquarium nearby
12:25PM Arrive Boylston Street Station (all ticket holders)
        Short walk to Boston Opera House for The Nutcracker Ballet 1:00PM Show
        Short walk to The Wang Center Theatre for White Christmas Musical 2:00PM Show
3:45PM  Depart Boylston Street Station (all ticket holders)
4:00PM  Arrive Faneuil Hall, and Quincy Market for shopping and dinner on your own, reservations are recommended
6:30PM  Depart Faneuil Hall for return to Belmont
8:00PM  Arrive Belmont Park & Ride, Route 106

Reservations or additional information contact:
Belmont Parks & Recreation, PO Box 310, Belmont, NH 03220
(603) 267-1865—recreation@belmontnh.org—www.belmontnh.org
Continuing progress on the Lake Winnisquam Scenic Trail will be the focus of a Belmont Recreation and Alternative Transportation Team (BRATT) meeting on Oct. 23rd at 7 pm in the Corner Meeting House. With environmental reviews completed, our next steps are to complete trail easements and finalize construction details. The public is invited and encouraged to attend and learn more about the trail. The current schedule is to advertise for construction bids in December 2014 with trail construction next spring 2015 with the trail ready to use in the summer.

The Winni Trail will join with the WOW Trail project in Laconia (Phase 2 scheduled to open next summer), and the Winnipesaukee River Trail in Tilton, Northfield and Franklin to form the Winnipesaukee Rail Trail (WRT) and connect to the recently completed Northern Granite State Rail Trail. The goal for the WRT is to eventually connect Meredith village to the Northern. These trails contribute to the quality of life and Granite State economy by providing recreation and transportation opportunities for residents and visitors. They help make Belknap County a great place to live and visit.
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<td>1 Conservation Comm. Mtg 6:30pm @ CMH  Storytime @ Library 10:30am</td>
<td>2 Craft Night @ Library 6pm</td>
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<td>BOS Mtg 2:30pm @CMH</td>
<td>LRGS 6:30pm @ CMH T-AG Team @ Library 4pm &amp; Board Games 6pm</td>
<td>Belmont Baseball 6:30pm @ CMH Storytime @ Library 10:30am</td>
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<td>Columbus Day Town Hall Closed</td>
<td>Bagie Busters 7pm @ CMH T-AG Team @ Library 4pm &amp; Board Games 6pm</td>
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<td>BOS Mtg 5pm @CMH Library Trustees Mtg @ Library 6:30pm</td>
<td>T-AG Team @ Library 4pm &amp; Board Games 6pm</td>
<td>Zoning Board Mtg 7pm @ CMH Storytime @ Library 10:30am</td>
<td>ARC Mtg 8am @ CMH Winni Trail Mtg @ CMH 7pm Craft Night @ Library 6pm</td>
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<td>Planning Board Mtg 7pm @ CMH</td>
<td>Teen Activities @ Library 4pm  Book Group 6pm</td>
<td>Storytime @ Library 10:30am</td>
<td>Craft Night @ Library 6pm</td>
<td>Trick or Treat 4pm-8pm</td>
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October 2014